

**10A NCAC 26B .0203 PERSONS WHO MAY SIGN CONSENT FOR RELEASE**

The following persons may sign a consent for release of confidential information:

- (1) a competent adult client;
- (2) the client's legally responsible person;
- (3) a minor client under the following conditions:
  - (a) pursuant to G.S. 90-21.5 when seeking services for venereal disease and other diseases reportable under G.S. 130A-135, pregnancy, abuse of controlled substances or alcohol, or emotional disturbances;
  - (b) when married or divorced;
  - (c) when emancipated by a decree issued by a court of competent jurisdiction;
  - (d) when a member of the armed forces; or
- (4) personal representative of a deceased client if the estate is being settled or next of kin of a deceased client if the estate is not being settled.

*History Note:* Authority G.S. 28A-13.3; 90-21.5; 122C-52; 122C-53; 131E-67; 143B-147;  
Eff. July 1, 1979;  
Amended Eff. January 1, 1996; January 1, 1994; March 1, 1990; February 1, 1986;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. June 20,  
2015.